

## SEPTEMBER 2014



s Best						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 La Leche League 10 am – 12 pm, call Megan for info: 301- 665-9226  Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	3	4  10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	5	6
7	8	9 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	10	11 10am Breastfeeding Support Group	12	13
14	15	16 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	17	18 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	19	20
21	22	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	24	25 10am Breastfeeding Support Group	26	27
28	29	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	Washington County) To Contact a Breastfeeding Counselor near you: Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumpower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		Services:  Peer Counseling  Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc)	



## OCTOBER 2014



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Washington County) To Contact a Breastfeeding Counselor near you: Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumpower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		Services:  Peer Counseling  Weekly BF classes  1-on-1 instruction on  "Getting Started" with BF  (positioning, latch, sleepy baby, growth spurts, etc)	1	2 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	3	4
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12	13	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	15	10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	17	18
19	20	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	22	23 10am Breastfeeding Support Group	24	25
26	27	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	29	30	31	



## NOVEMBER 2014



s Best						***
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Washington County) To Contact a Breastfeeding Counselor near you: Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumpower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		Services: Peer Counseling Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc.)				1
2	3	4 La Leche League 10 am – 12 pm, call Megan for info: 301- 665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	5	6 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	7	8
9	10	11	12	13	14	15
16	17	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	19	10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	21	22
23/30	24	Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	26	27	28	29